

Sealladh

- Have you acquired a brain injury?
- Do you have difficulties with your sight as a result?
- Have you served in the armed forces?



Do you experience difficulties with?

- getting lost in familiar environments
- bumping into objects or people on one side
- finding things which seem obvious to others
- ignoring food on one side of a plate
- seeing double or objects appearing to be hazy or blurred
- moving through crowded areas
- being sensitive to glare

This may be because you are experiencing visual difficulties as a result of your brain injury.



Sealladh can help by:

Visual assessment and NVT

By using lights and a computer programme, we can find out what you see and what you have difficulties seeing.

If you are eligible we can offer you training.

Mobility

Strategies and techniques to increase independence and safety when out and about.

Communication

New approaches to improve your reading and writing.

In the home

Aids and adaptations that can be used to increase independence and confidence when carrying out household tasks.



To find out more, please contact us using the details below.



2 Queens Crescent, Glasgow G4 9BW

T: 0141 332 4632

F: 0141 353 2981

E: sealladh@visibility.org.uk

www.visibility.org.uk



SCOTTISH WAR BLINDED

Registration number: SC116522 Scottish Charity number: SCO 09738

Visibility is the trading name of GWSSB (formerly Glasgow and West of Scotland Society for the Blind). GWSSB is a company, registered in Scotland, limited by guarantee with its registered office at 2 Queens Crescent, Glasgow, and a recognised Scottish charity.